

WHAT YOU COULD HAVE SAVED/EARNED FROM THIS BOOK

It's really hard to make an exact calculation for everyone, but let's do the maths based on the average Australian household according to the ABS, which we used back at the start of the book. Let's go through each category and remind ourselves where the savings have come from.



HOW MUCH CAN I EARN/SAVE BY FOLLOWING KOCHIE'S 11-STEP MONEY PLAN?

AVERAGE HOUSEHOLD DEBT	
Mortgage	\$165,000
Consumer	\$17,000
Credit card balance	\$3273
Credit card balance	\$2062
accruing interest	
AVERAGE HOUSEHOLD INCOME	\$110,000 a year
AVERAGE HOUSEHOLD NET WORTH	\$110,000 a year \$929,000

AVERAGE AUSTRALIAN HOUSEHOLD SPENDING PER YEAR

Category	Annual amount	Saving
Housing (rent and mortgage)	\$14,524	\$552
On an average \$165,000 home loan at a 4.5% interest rate, making the call and asking for a 0.5% discount will save \$46 a month or \$552 a year		

AVERAGE AUSTRALIAN HOUSEHOLD SPENDING PER YEAR (CONT.)

Category	Annual amount	Saving
Food and non-alcoholic beverages	\$12,301	\$1200
Forming your own bulk-buying co-op for fruit and veg, and understanding how to avoid supermarket tactics to get you to pay more, will shave at least 10% off your bill		
Transport	\$10,738	\$600
Replace the second (or only) car with a car-sharing service; buy a more fuel-efficient and low-maintenance car		
Recreation	\$8966	\$2000
Cut back on gym fees, reduce home-delivery food, scale back restaurant meals		
Miscellaneous goods and services	\$5039	\$500
Cut bank fees, scrutinise service offerings		
Medical/health	\$4298	\$500
Check private health insurance		
Household furniture/equipment	\$3038	\$300
Negotiate on everything		
Communication	\$2445	\$250
If you're out of contract, ask your provider for the best data and mobile plan to suit your habits		
Household services/operations	\$2371	\$300
Don't renew insurance premiums automatically; go to comparative websites and ask for a better deal		
Clothing and footwear	\$2297	\$1000
Buy non-designer brands, swap clothes with friends, etc.		

AVERAGE AUSTRALIAN HOUSEHOLD SPENDING PER YEAR (CONT.)

Category	Annual amount	Saving
Education	\$2297	\$400
Buy uniforms from the second-hand shop, buy second-hand textbooks		
Domestic fuel and power	\$2149	\$500
Get rid of the second (or only) car, turn down the reverse-cycle thermostat, follow energy- saving strategies		
Alcohol	\$1630	\$160
Cut down your consumption, buy cheaper brands		
Personal care	\$1482	\$200
Buy from discount stores and use lesser known brands		
Tobacco	\$667	\$100
We didn't talk about this before, because it's a no-brainer: commit to quitting, or at least cutting down drastically. It's good for your wallet and your health.		
TOTAL SAVINGS (estimate)		\$8562
PLUS SIDE HUSTLE INCOME (estimate)	•	\$5500
10% of average income		
TOTAL SAVINGS PLUS EARNINGS (estimate)		\$14,062

You'll need to do your own calculations for your own situation, but the figures in the table above show that, by following the suggestions from the last 10 steps, you could save or earn as much as \$14,000, which will go a long way towards paying off the average Australian family's outstanding credit card balance and personal loans.

That's not a bad return from the cost of this book and your time reading it.